

## ABOUT CHARLES & ELIZABETH SCHMITZ

# Drs. Charles & Elizabeth Schmitz



Drs. Charles and Elizabeth Schmitz are renowned love and marriage experts and authors of the award-winning book, *Building a Love That Lasts: The Seven Surprising Secrets of Successful Marriage* (Jossey-Bass/Wiley). As “The Official Guides To Marriage” for [www.selfgrowth.com](http://www.selfgrowth.com), the top self-help website in the world, Marriage Experts for [www.psychologytoday.com](http://www.psychologytoday.com) and the National Marriage Advice Examiners for [www.Examiner.com](http://www.Examiner.com), they provide inspiration and guidance to readers around the globe.

The Doctors know that when it comes to successful and satisfying relationships, simple things matter most. They understand what makes relationships work because they have conducted three decades of research on successful marriages, as well as sharing personal experience drawn from their own 45-year marriage.

Dr. Charles D. Schmitz was a highly successful faculty member and administrator in higher education. He is currently Dean Emeritus and Professor Emeritus of Counseling and Family Therapy at the University of Missouri-St. Louis, where he focuses on counseling psychology, leadership and community partnerships. During his distinguished career, Charles has received more than 40 local, state, and national awards; published 400 articles, manuscripts, books, and scholarly papers; delivered 600 speeches and professional presentations throughout the world; and frequently appears on radio, television, the Internet and in print. He received his Ph.D. from the University of Missouri-Columbia.

Dr. Elizabeth A. Schmitz is a full-time author and lecturer. She has served as an award-winning administrator and educator for 36 years. She received her Ed.D. from the University of Missouri-Columbia and has lectured at numerous colleges in the areas of counseling and leadership. As the former chief operating officer of a large organization, she also specializes in human relations issues. Elizabeth has received 25 local, state, and national awards; published over 250 articles, manuscripts, and books; delivered over 400 speeches and presentations; made numerous radio and television appearances; and been quoted extensively in the media. She is president of Successful Marriage Reflections, LLC in St. Louis, Missouri, where she and Charles reside.

Together, the Doctors inspire couples everywhere with tips and tools for creating a great marriage. They have been featured prominently in the media on ABC, CBS, NBC, FOX, WGN-TV in Chicago, WOR Radio in New York, NBC-TV in Philadelphia, and are popular speakers at national conferences.

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